

Health and Social Care

Key Stage 4 - Year 10 and 11

Year 10	Year 10/11	Year 11
Human Lifespan Development	Health and Social Care Services and Values	Health and Wellbeing
<ul style="list-style-type: none"> • Human growth and development across life stages • Factors affecting growth and development • Different types of life event • Coping with change caused by life events 	<ul style="list-style-type: none"> • Healthcare services • Social care services • Barriers to accessing services • Skills and attributes in health and social care • Values in health and social care • The obstacles individuals requiring care may face • The benefits to individuals of the skills, attributes and values in health and social care practice 	<ul style="list-style-type: none"> • Factors affecting health and wellbeing • Physiological indicators • Lifestyle indicators • Person centred approach • Recommendations and actions to improve health and wellbeing • Barriers and obstacles to following recommendations