

1. Please take a copy of the following 2 forms from the stage to be completed and handed back today:

- 1) **Yellow medical form**
- 2) **Blue behaviour agreement & swimming consent**

2. Please also take a copy of the following sheet from the stage to keep as information:

- 1) Iceland itinerary and kit list

3. Please hand in completed forms and passport now or at the end of the meeting to:

- Ms Booker (A – B surnames)
- Ms Smith (C- Hatcher)
- Mrs Riley (Haywood- K)
- Mr Whitehurst (L- Rose)
- Mr Haigh (Ryman – W)

# Iceland 2024



## To cover this afternoon:

- 1) Flight details (number, time, luggage)
- 2) Currency
- 3) Itinerary
- 4) Health and safety
- 5) Weather and kit list
- 6) Environmental considerations
- 7) Hotel rooming
- 8) Passports, forms and emergency contact details hand in
- 9) Hoodie Collection



# Travel details

## 1<sup>st</sup> – 5<sup>th</sup> July 2024

Gather by the bus turning circle at 4.15am on Monday 1<sup>st</sup> July (car parks will be locked, park on the road leaving enough space for the coach/ park away from the school site and walk with luggage). The coach must leave at 4.30am.

### OUT:

We fly on Monday 1<sup>st</sup> July on **FlyPlay** flight **OG801** departs **11.35am from Stansted**, arrives Keflavik 13.40



### RETURN:

- We return on Friday 5<sup>th</sup> July on **FlyPlay** flight **OG800** departs at 6.30 and arrives Stansted 10.30. Arriving back in **Lichfield** at around **1.30pm**.

# @KEVIGeography



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884 posts



**KEVI Geography**  
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King Edward Vi Lichfield Geography Department  
AQA GCSE & A Level Specs 📄  
UN accredited Climate Change Teachers 🌍🔥

📍 Lichfield, England 🌐 [keslichfield.org.uk/?page\\_id=476](https://keslichfield.org.uk/?page_id=476) 📅 Joined July 2016

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 **KEVI Geography** @KEVIGeography · May 22  
Some great links to water and carbon with the 'UK's never ending rain' 🌧️  
[#aqageography](#)



# Baggage restrictions

## CHECKED IN BAGGAGE:

- Weight limit: **1 bag weighing up to 20kg.**
- Remember that you are in charge of carrying your bag - keep it light!
- Wear your boots to travel?

## CARRY-ON BAGGAGE:

- **One** carry-on bag per person
- should not exceed **42cm x 32cm x 25cm**

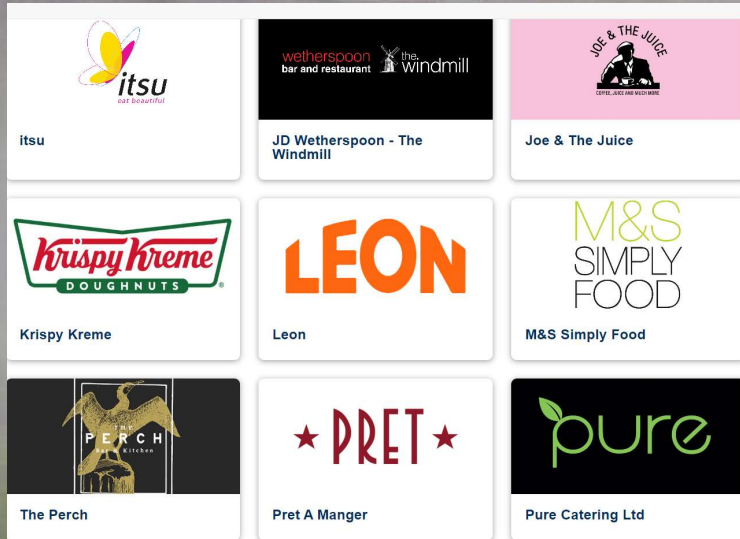
At the flight check in desk, if asked, **you did pack your own bag**

### Liquids:

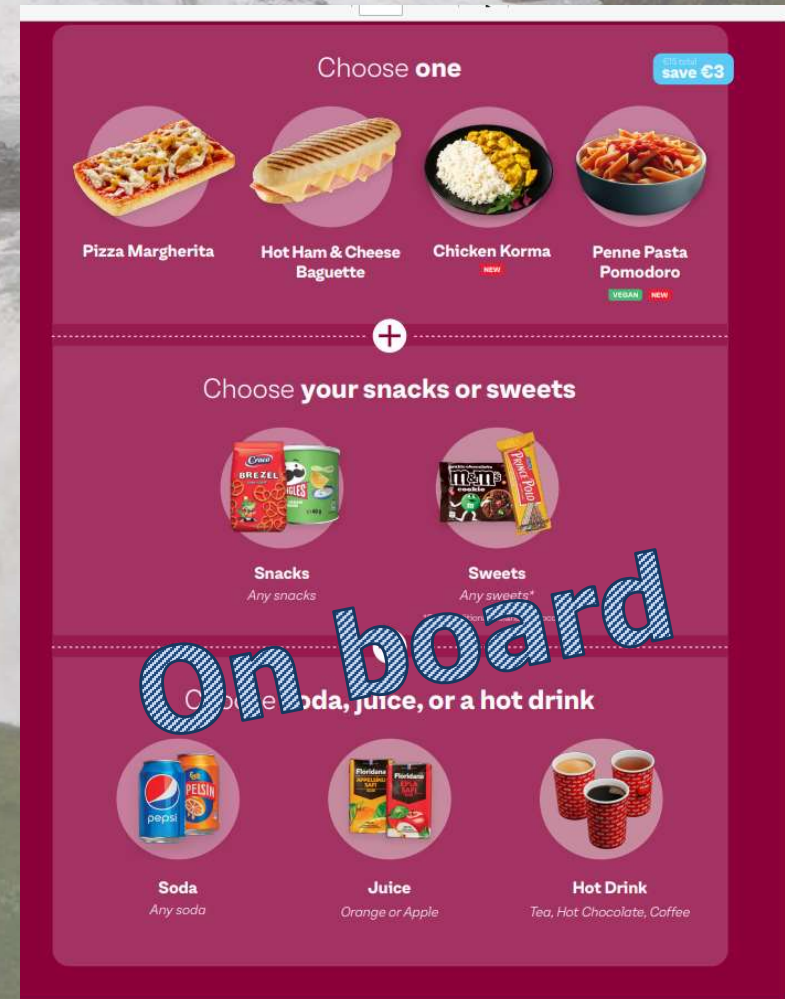
May be carried inside your cabin luggage, providing that:

- No container to hold more than **100 millilitres** of liquid.
- All liquid containers must fit in a **clear, re-sealable 20cm x 20cm plastic bag**
- Doctors note / repeat prescription receipt for any carry-on medication

# Food before departure

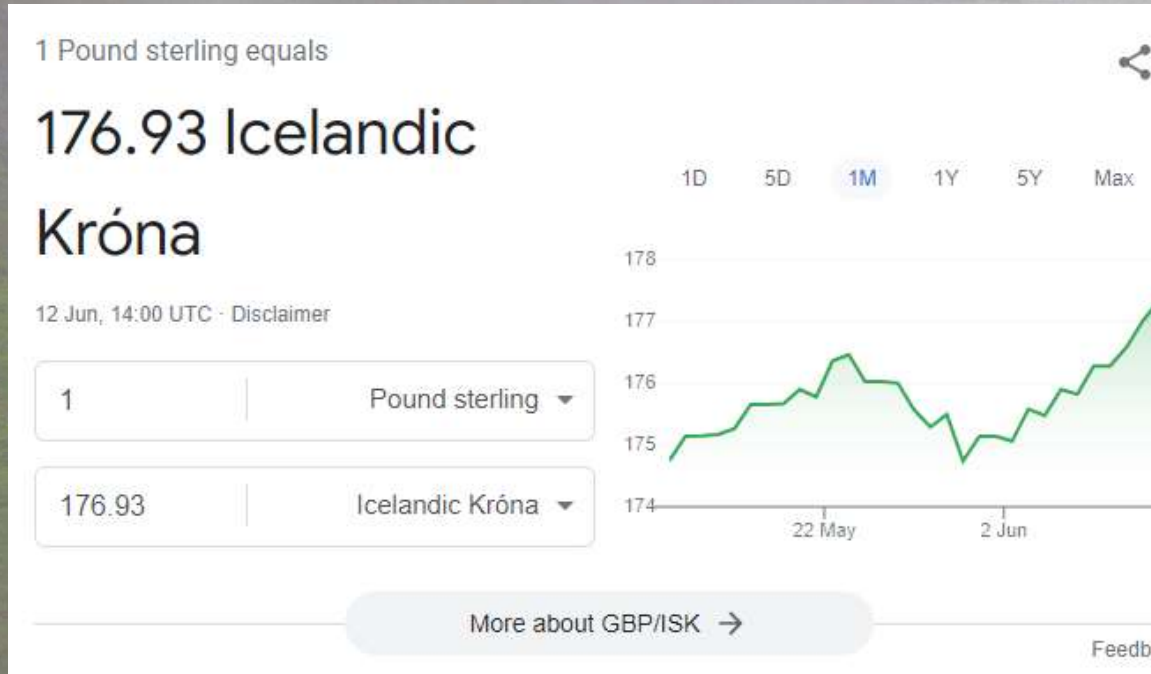


- There *should* be time to buy breakfast at the airport
- Take a snack? (buy a drink at the airport)
- Some food can be bought on board



# Currency: Icelandic Krona

Current online exchange rate:



**£1 = 177 ISK**  
**(Icelandic Krona)**

£20 max  
Cards & apple pay accepted



# Weather

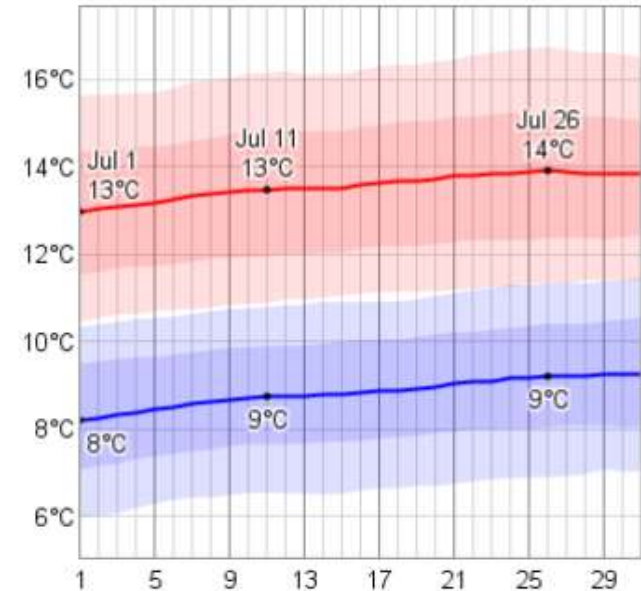
*“If you don’t like the season you are experiencing at the moment, simply stand still for 5 minutes and a new one will come along!”*

- Be very respectful of Icelandic weather – **never go anywhere without ALL possible clothing requirements**

- <http://en.vedur.is/>

The shortest day of the month is July 31 with 18:03 hours of daylight; the **longest day of the month is July 1 with 20:49 hours of daylight.**

**Daily High and Low Temperature in July**



*The daily average low (blue) and high (red) temperature with percentile bands (inner band from 25th to 75th percentile, outer band from 10th to 90th percentile).*

Wed 19 Jun



Thu 20 Jun



Fri 21 Jun



Sat 22 Jun



Sun 23 Jun



Mon 24 Jun



# Kit list



See handout

- **Layers** are essential
- Waterproofs
- Walking boots to **cover ankle**
- Quick drying towel for pool
- Water bottle & lunch box
- NO meat, eggs or dairy products to be taken into Iceland
- **No nuts to be eaten** on the coach/plane
- Batteries/chargers (and adaptor)

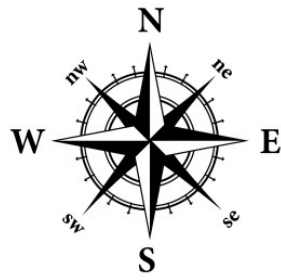


Two pin

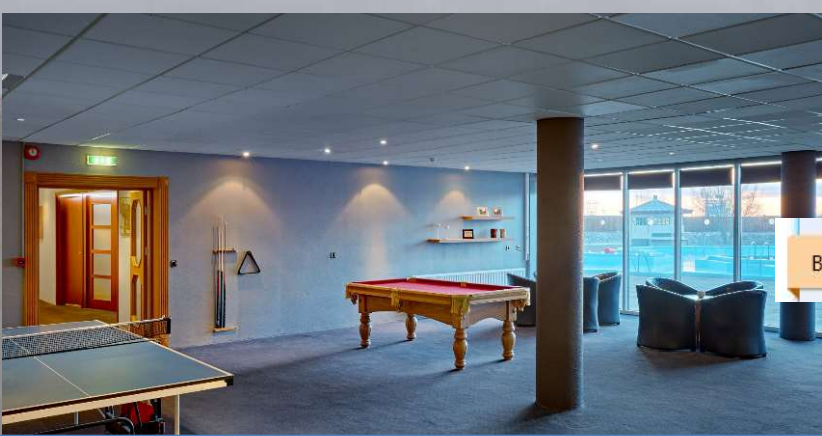




# Location of the study area



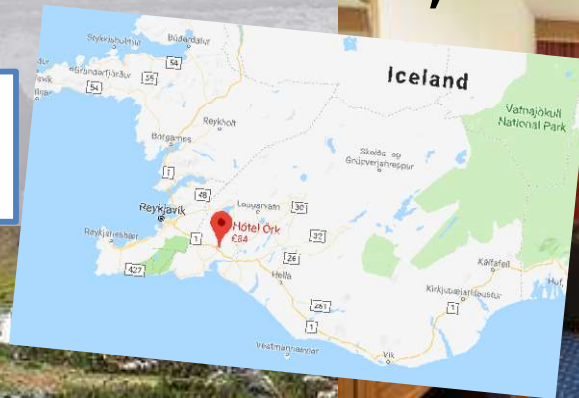
# Hotel Örk



Boys x 3 to a room  
Girls x 3 to a room (and 1 room of 4)

Bestseller  **Hotel Örk** ★★★★★  
Hveragerði – Show on map (350 yards from centre) Fabulous 8.7  
243 reviews

**Breakfast, lunch and dinner provided**



Address:  
Sunnumörk,  
810 Hveragerði,  
Iceland

**Swimming  
permitted when  
lifeguard is present  
– give permission  
on the blue form**

# Itinerary – Day 1 – Monday

- > Depart Stansted with FlyPlay at 11.35
- > Arrive Keflavik Airport, Iceland at 13.40
- > Onto FlyOver Iceland in Reykjavik
- > To the Perlan Ice Cave and Planetarium
- > Dinner of of Fresh Fish and Chips in Reykjavik



# Itinerary – Day 2 - Tuesday

- > On to the Hvammsvik Hot Springs
- > Þingvellir National Park - rifting between American & Eurasian plates
- > Geysir & Strokkur
- > Gullfoss – awesome fault-guided waterfall and walk beside its gorge
- > Visit Kerið Volcanic Crater Lake
- > Back to Hotel Ork



# Icelandic pool and spa etiquette

**Remove outdoor footwear before** entering changing rooms

It is normal practice for Icelanders to shower and **clean all body parts before and after entering the pools** –

Diagrams to this effect are found in most changing rooms... there are dispensers of shampoo/soap on the walls

Students should choose **'buddies'** to look out for each other in the pools. No diving/bombing etc.

Don't spend too long in the **hot pools** as it may make you feel unwell

**Athugið!**  
Vinsamlegast:  
þvoíð yður vandlega án  
sundfata áður en gengið  
er til laugar. Takk fyrir.

**Observe!**  
Every guest is required  
to wash thoroughly  
without a swimsuit before  
entering the pools.  
Thank you.

**Bemærk!**  
Alle gæster må vaske sig  
uden badetøj inden de går  
i svømmebassinet.  
Tak.

**Achtung!**  
Alle Gäste müssen sich mit  
Seife ohne Badeanzug  
waschen ehe sie in das  
Schwimmbad gehen.  
Danke.

**Attention!**  
Les baigneurs sont tenus a se  
laver au savon sans maillot  
de bain avant d'entrer  
dans la piscine.  
Merci.

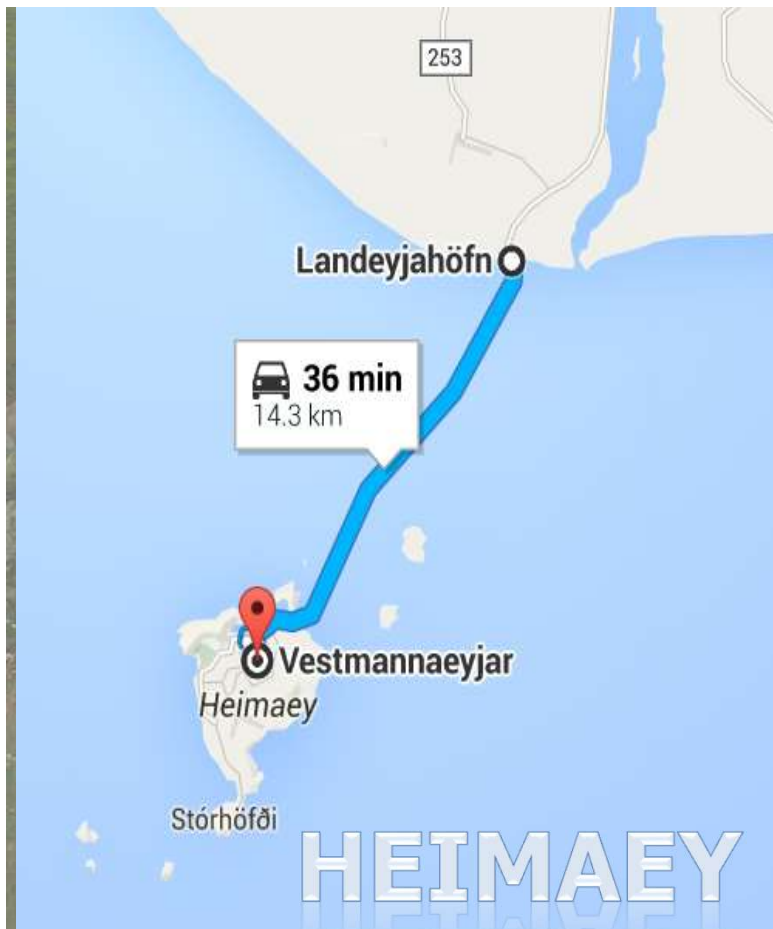


 **HOLLUSTUVERND RÍKISINS**  
National Center for Hygiene, Food Control  
and Environmental Protection

Please indicate permission for swimming on the blue behaviour form

# Itinerary – Day 3 - Wednesday

- > Visit to Heimaey: ferry at 10am to the island. Climb the volcano to the crater.
- > Walk across the lava flows and ash deposits, seeing the 'Icelandic Pompeii'
- > In January 1973, lava flow from nearby Eldfell destroyed half the town and threatened to close its harbour, its main income source. An operation to cool the advancing lava with sea water saved the harbour.
- > Ferry back to the mainland
- > Onto to the **Hotel Ork**
- > **Evening swim in heated pool with Lifeguard**



# Itinerary – Day 4 - Thursday

- > Visit the **Lava Centre Cinema and Exhibition**
- > Seljalandsfoss (waterfall you can get behind)
- > Skógarfoss (awesome 60 m waterfall)
- > **Sólheimajökull Glacier Walking** on the glacier with ice picks and crampons
- > Vik woollen mill for shopping/gifts if time allows
- > Coastal Features at Reynishverfi (subject to access and safety) and Dyrhólaey including spectacular basalt columns like a small-scale giant's causeway and the black beach.
- > Back to the **Hotel Ork**



# Itinerary – Day 5 - Friday

- > Depart Keflavik International Airport at with FlyPlay at 06.30
- > Arrive Stansted at 10.30

## 10-11 / GINGER / DUNKIN DONUTS

Convenience store



## JOE AND THE JUICE

Refreshing juices, delicious sandwiches and fresh



03-0



Burge

## MATHÚS

A friendly vibe and a wide range of food



## NORD

Icelandic freshness coupled with Scandinavian t



## SEGAFREDO

Coffee and tea





# Health and safety

- A well-disciplined group is essential for everyone's safety and enjoyment
- You will be **registered in small travel groups** which will be assigned to a specific teacher
- We will go through the specific risks involved at the locations that we visit each day
- Contact the office who will then get in touch with staff in Iceland
- People simply need to be thoughtful, think ahead and not be rash
- Please take your **keyring** whilst travelling and on all excursions.



Please read and sign the behaviour agreement (blue form) and hand back to a teacher at the end

# Health details

- **Yellow medical forms** - please complete and hand in to staff today
- Students must **carry all necessary** medication with them
- Students insurance covered by **RPA – Risk Protection Arrangement - Department for Education**
- Policy available to read in more detail on the stage



## RPA Cover

Compensation for travel related costs outside of the United Kingdom including medical expenses, loss of baggage, baggage delay, cancellation, curtailment, rearrangement and change of itinerary	Medical expenses £10,000,000 per person Baggage £2,000 per person Cancellation £4,000 per person (£250,000 per trip)
Compensation for accidental bodily injury to Employees, governors, trustees, volunteers and pupils of the Member whilst on the business of the Member outside of the United Kingdom	Death and capital benefits £100,000 per person

# Environmental considerations

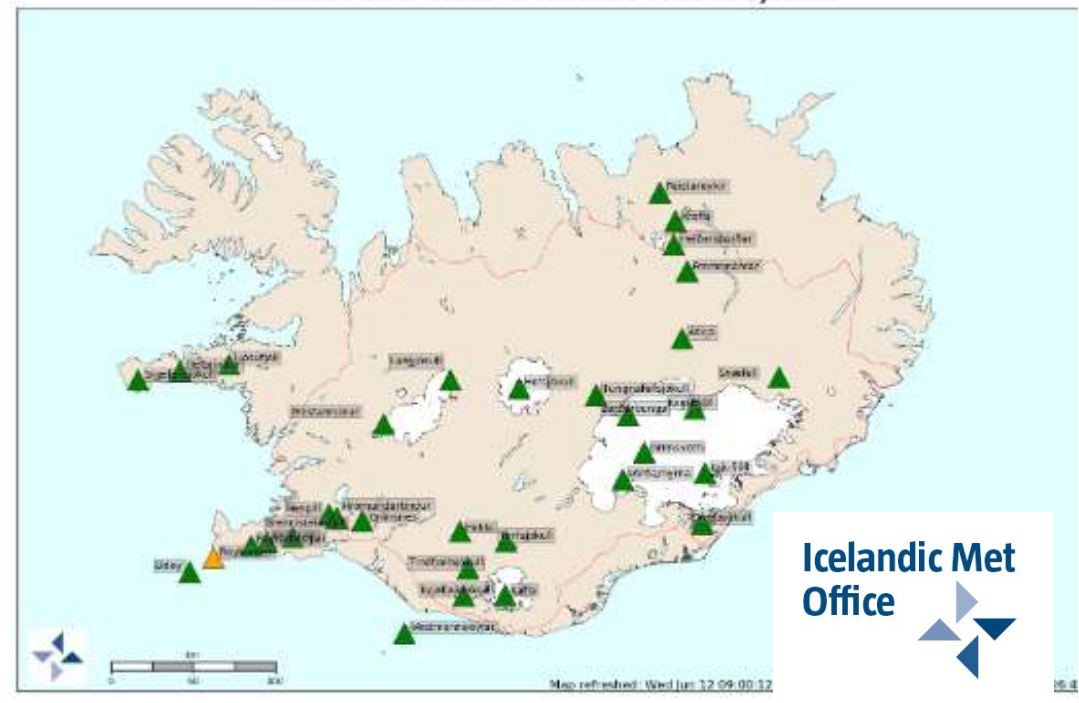
- Volcanic hazards
- Tour company constantly monitor

<http://en.vedur.is/earthquakes-and-volcanism/earthquakes/>


- Leave no litter, not even the smallest scrap of food





Aviation Color Codes for Icelandic Volcanic Systems




 **GREY:** *Volcano appears quiet but is not monitored adequately. Absence of unrest unconfirmed.*

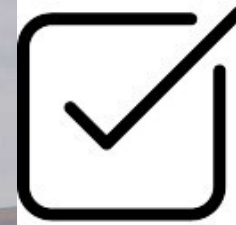
 **GREEN:** *Volcano is in normal, non-eruptive state.  
or, after a change from a higher alert level:  
Volcanic activity considered to have ceased, and volcano reverted to its normal, non-eruptive state.*

 **YELLOW:** *Volcano is experiencing signs of elevated unrest above known background levels.  
or, after a change from higher alert level:  
Volcanic activity has decreased significantly but continues to be closely monitored for possible renewed increase.*

 **ORANGE:** *Volcano is exhibiting heightened unrest with increased likelihood of eruption.  
or,  
Volcanic eruption is underway with no or minor ash emission.*

 **RED:** *Eruption is forecasted to be imminent with significant emission of ash into the atmosphere likely.  
or,  
Eruption is underway with significant emission of ash into the atmosphere.*

# To complete before you leave today



## FORMS:

1. Complete **yellow medical form** and hand in to staff
2. Sign **blue behaviour agreement & swimming consent** and hand in to staff
3. Hand in completed consent form (emailed to you)
4. Complete **pink emergency contact** table found **on the stage**

## OTHER:



1. **Post-it note with rooming preferences** (groups of 3) – only one person in the group needs to do this and hand in to Mrs Merry.



2. Collect your **hoodie**



3. **Hand in completed forms and passport to:**

Ms Booker (A – B surnames)      Ms Smith (C- Hatcher)

Mrs Riley (Haywood- K)      Mr Whitehurst (L- Rose)

Mr Haigh (Ryman – W)