



As a school we have decided to work towards achieving the 'Wellbeing Award for Schools'. This award will enable us to develop a whole school approach to emotional wellbeing and mental health.

The team coordinating the award are:

- Laura Hurn (SLT lead)
- Jo Cottier-Cooper
- Jenny Bryant





Positive culture

Ensure that emotional wellbeing and mental health is regarded as the responsibility of all.



Staff wellbeing

Actively promote emotional wellbeing and mental health for your staff.



Vision and strategy

Commit to a clear strategy that promotes and protects emotional wellbeing and mental health.



The Wellbeing Award for Schools Framework



Stakeholder participation

Work with the whole-school community to support emotional wellbeing and mental health.



Training for staff

Offer high-quality, ongoing professional development so your staff feel confident responding to pupils' needs.



Supportive networks

Ensure systems and external partnerships are in place to support different types of emotional and mental health needs.



Developed in partnership with the National Children's Bureau (NCB), the Wellbeing Award for Schools is intended to help schools prepare and equip themselves to promote emotional wellbeing and positive mental health across the whole-school community.

NCB's vision is an education system where good emotional wellbeing and mental health are at the heart of the culture and ethos of all schools, so that pupils, with the support of their teachers, can build confidence and flourish.



To achieve this vision, NCB advocates the use of a 'whole-school approach' where all aspects of the school experience are harnessed to promote the emotional wellbeing and mental health of pupils and staff.

Therefore the we want you to be involved, so that we can help our students and each other. We want better emotional wellbeing and mental health for all.

Objective 1

The school is committed to promoting and protecting emotional wellbeing and mental health by achieving the Wellbeing Award for Schools.

Objective 2

The school has a clear vision and strategy for promoting and protecting emotional wellbeing and mental health, which is communicated to all involved with the school.

Objective 3

The school has a positive culture which regards emotional wellbeing and mental health as the responsibility of all.

Objective 4

The school actively promotes staff emotional wellbeing and mental health.

Objective 5

The school prioritises professional learning and staff development on emotional wellbeing and mental health.

Objective 6

The school understands the different types of emotional and mental health needs across the school and has systems in place to respond appropriately.

Objective 7

The school actively seeks the ongoing participation of the whole-school community in its approach to emotional wellbeing and mental health.

Objective 8

The school works in partnerships with other schools, agencies and available specialist services to support emotional wellbeing and mental health.

Why are we taking part in the Wellbeing Award for Schools?

Research findings

According to research by the Award Place into impact, best practice and what works...

The research was carried out with accredited schools. The response was overwhelmingly positive.

- •93% agreed the award had a large or medium impact on pupil wellbeing.
- 93% agreed it had a large or medium impact on parent wellbeing.
- ■93% agreed it had a large or medium impact on staff wellbeing.
- 95% agreed the award had improved pupils' behaviour

What will we be doing?

The process

To achieve the award there is a process to go through. We start with self-evaluation and stakeholder evaluations, and these help us create an action plan. We will then work through the action plan and hope to complete the award in approximately 18 months.

Action Plan

We will create an action plan to help us improve wellbeing for staff and students and to help us meet the required standard for the award. The action plan is based on feedback from the stakeholder evaluation forms.

Stakeholder Evaluation Forms

One of the first things we need to complete are the stakeholder questionnaires/evaluation forms; for staff, students and parents.

The **Stakeholder Evaluation Forms** have three main purpose:

- ■To ensure the views of the whole school community feed into the award process.
- ■To gather specific information that will help inform the action planning process.
- ■To confirm or challenge the analysis provided in the School Self-Evaluation Form.

Parent Evaluation Form

We would like to know where you feel we are at as a school in terms of wellbeing. So we need you to complete the parent wellbeing evaluation form over the next few days.

This will form part of the basis of our understanding, to help us know what we need to focus on. Please do let us know what you really think. The link to the form has been emailed home.

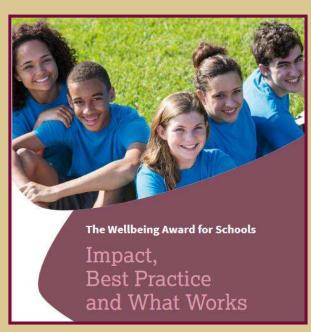
The deadline for the parent evaluation is:

Monday 20th September

Best practice and what works

Accredited schools have shared their ideas and experience. So we have examples of ideas to try in school, with examples of strategies and methods that have produced positive outcomes for pupils, parents and staff.

For more information click on the image to read the report...



Impact

According to the 'The Wellbeing Award for Schools; Impact, Best Practice and What Works' report, the impact of this award is:

- Reduced stigma around mental health
- Improved pupil behaviour
- Improved pupil wellbeing
- Improved staff wellbeing
- Improved parental wellbeing
- Improved staff morale

Questions?

If you have any questions about the award you can...

- Check out the website: WAS Wellbeing Award for Schools | AwardPlace
- ■Email: was@keslichfield.org.uk
- If you have questions or concerns about the wellbeing of one of our students, please get in touch with the form tutor or student support in the usual way.

