





## Young Carers

Subcategory	Resource links	Image	Age rating
<p>Young carers - advice about making things easier and ways to help you cope.</p>	<p><a href="https://www.childline.org.uk/info-advice/home-families/family-relationships/young-carers/">https://www.childline.org.uk/info-advice/home-families/family-relationships/young-carers/</a></p>		<p>All students</p>
<p>Advice for young carers</p>	<p><a href="https://www.nhs.uk/conditions/social-care-and-support-guide/support-and-benefits-for-carers/being-a-young-carer-your-rights/">https://www.nhs.uk/conditions/social-care-and-support-guide/support-and-benefits-for-carers/being-a-young-carer-your-rights/</a></p>		<p>Students</p>
<p>Advice and information about the impact of being a carer</p>	<p><a href="https://carers.org/about-caring/about-young-carers">https://carers.org/about-caring/about-young-carers</a></p>		<p>Parents and Teachers</p>
<p>When a parent has a mental illness - Young carers discuss their experiences</p>	<p><a href="#">When a parent has a mental illness   Royal College of Psychiatrists (rcpsych.ac.uk)</a></p>		<p>Students</p>